

UPWARD CHEERLEADING @ TRINITY BAPTIST CHURCH

Upward Cheer

Practice Dates

November 28 & 29
 December 5 & 6
 December 12 & 13
 December 19 & 20
 January 2 & 3
 January 9 & 10

January 16 & 17
 January 23 & 24
 January 30 & 31
 February 6 & 7
 February 13 & 14
 February 20 & 21



Game Dates

Saturday, January 7

	Time	Team	Head Coach
	8:30 AM	Stars	Keely Jackson
	8:30 AM	Xplosion	Emily Henderson
	9:30 AM	Galaxy	Natalie Ray
	10:30 AM	Supernova	LeAnne Bissette
	11:30 AM	Little Dippers	Claudia Grainger-Sink
	12:30 PM	Eclipse	Ashley Morefield
	1:30 PM	Nebulas	Meredith Ellis
	2:30 PM	Comets	Kari O'Hara

Saturday, January 14

	8:30 AM	Xplosion	Emily Henderson
	9:30 AM	Galaxy	Natalie Ray
	9:30 AM	Supernova	LeAnne Bissette
	10:30 AM	Little Dippers	Claudia Grainger-Sink
	11:30 AM	Eclipse	Ashley Morefield
	12:30 PM	Nebulas	Meredith Ellis
	1:30 PM	Comets	Kari O'Hara
	2:30 PM	Stars	Keely Jackson

Saturday, January 21

	8:30 AM	Galaxy	Natalie Ray
	8:30 AM	Supernova	LeAnne Bissette
	9:30 AM	Little Dippers	Claudia Grainger-Sink
	10:30 AM	Eclipse	Ashley Morefield
	11:30 AM	Nebulas	Meredith Ellis
	12:30 PM	Comets	Kari O'Hara
	1:30 PM	Stars	Keely Jackson
	2:30 PM	Xplosion	Emily Henderson

Saturday, January 28

	8:30 AM	Little Dippers	Claudia Grainger-Sink
	9:30 AM	Eclipse	Ashley Morefield
	10:30 AM	Nebulas	Meredith Ellis
	11:30 AM	Comets	Kari O'Hara
	12:30 PM	Stars	Keely Jackson
	1:30 PM	Xplosion	Emily Henderson
	2:30 PM	Galaxy	Natalie Ray
	2:30 PM	Supernova	LeAnne Bissette

Saturday, February 4

	8:30 AM	Eclipse	Ashley Morefield
	9:30 AM	Nebulas	Meredith Ellis
	10:30 AM	Comets	Kari O'Hara
	11:30 AM	Stars	Keely Jackson
	12:30 PM	Supernova	LeAnne Bissette
	12:30 PM	Galaxy	Natalie Ray
	1:30 PM	Xplosion	Emily Henderson
	2:30 PM	Little Dippers	Claudia Grainger-Sink

Saturday, February 11

	8:30 AM	Nebulas	Meredith Ellis
	9:30 AM	Comets	Kari O'Hara
	10:30 AM	Stars	Keely Jackson
	11:30 AM	Xplosion	Emily Henderson
	12:30 PM	Galaxy	Natalie Ray
	12:30 PM	Supernova	LeAnne Bissette
	1:30 PM	Little Dippers	Claudia Grainger-Sink
	2:30 PM	Eclipse	Ashley Morefield

Saturday, February 18

	8:30 AM	Comets	Kari O'Hara
	9:30 AM	Nebulas	Meredith Ellis
	10:30 AM	Xplosion	Emily Henderson
	11:30 AM	Galaxy	Natalie Ray
	11:30 AM	Supernova	LeAnne Bissette
	12:30 PM	Little Dippers	Claudia Grainger-Sink
	1:30 PM	Eclipse	Ashley Morefield
	2:30 PM	Stars	Keely Jackson

Saturday, February 25

	8:30 AM	Xplosion	Emily Henderson
	9:30 AM	Stars	Keely Jackson
	10:30 AM	Galaxy	Natalie Ray
	10:30 AM	Supernova	LeAnne Bissette
	11:30 AM	Little Dippers	Claudia Grainger-Sink
	12:30 PM	Eclipse	Ashley Morefield
	1:30 PM	Comets	Kari O'Hara
	2:30 PM	Nebulas	Meredith Ellis

Tuesday, February 28

6:00 PM

Upward Celebration Night

ALL GAMES TO BE PLAYED AT TRINITY BAPTIST CHURCH ROC

www.tbcupward.com

In the event of inclement weather, please refer to WRAL-TV5 and/or contact your coach