

**UPWARD CHEERLEADING @ TRINITY BAPTIST CHURCH**

**Upward Cheer**

**Practice Dates**

November 22 & 23	January 17 & 18
November 29 & 30	January 24 & 25
December 6 & 7	January 31 & February 1
December 13 & 14	February 7 & 8
January 3 & 4	February 14 & 15
January 10 & 11	February 21 & 22



**Game Dates**

	<b>Time</b>	<b>Team</b>	<b>Head Coach</b>
Saturday, January 8	8:30 AM	No Cheer Team	
	9:30 AM	Galaxy	Kelly Ray
	10:30 AM	Xplosion	Natalie Ray
	11:30 AM	No Cheer Team	
	12:30 PM	Comets	Gwynne Cook
	1:30 PM	Supernova	Abigail Cook
	2:30 PM	Eclipse	Kim MacDonald
Saturday, January 15	8:30 AM	Eclipse	Kim MacDonald
	9:30 AM	No Cheer Team	
	10:30 AM	Galaxy	Kelly Ray
	11:30 AM	Xplosion	Natalie Ray
	12:30 PM	No Cheer Team	
	1:30 PM	Comets	Gwynne Cook
	2:30 PM	Supernova	Abigail Cook
Saturday, January 22	8:30 AM	Supernova	Abigail Cook
	9:30 AM	Eclipse	Kim MacDonald
	10:30 AM	No Cheer Team	
	11:30 AM	Galaxy	Kelly Ray
	12:30 PM	Xplosion	Natalie Ray
	1:30 PM	No Cheer Team	
	2:30 PM	Comets	Gwynne Cook
Saturday, January 29	8:30 AM	Comets	Gwynne Cook
	9:30 AM	Supernova	Abigail Cook
	10:30 AM	Eclipse	Kim MacDonald
	11:30 AM	No Cheer Team	
	12:30 PM	Galaxy	Kelly Ray
	1:30 PM	Xplosion	Natalie Ray
	2:30 PM	No Cheer Team	
Saturday, February 5	8:30 AM	No Cheer Team	
	9:30 AM	Comets	Gwynne Cook
	10:30 AM	Supernova	Abigail Cook
	11:30 AM	Eclipse	Kim MacDonald
	12:30 PM	No Cheer Team	
	1:30 PM	Galaxy	Kelly Ray
	2:30 PM	Xplosion	Natalie Ray
Saturday, February 12	8:30 AM	Xplosion	Natalie Ray
	9:30 AM	No Cheer Team	
	10:30 AM	Comets	Gwynne Cook
	11:30 AM	Supernova	Abigail Cook
	12:30 PM	Eclipse	Kim MacDonald
	1:30 PM	No Cheer Team	
	2:30 PM	Galaxy	Kelly Ray
Saturday, February 19	8:30 AM	Galaxy	Kelly Ray
	9:30 AM	Xplosion	Natalie Ray
	10:30 AM	No Cheer Team	
	11:30 AM	Comets	Gwynne Cook
	12:30 PM	Supernova	Abigail Cook
	1:30 PM	Eclipse	Kim MacDonald
	2:30 PM	No Cheer Team	
Saturday, February 26	8:30 AM	No Cheer Team	
	9:30 AM	Galaxy	Kelly Ray
	10:30 AM	Xplosion	Natalie Ray
	11:30 AM	No Cheer Team	
	12:30 PM	Comets	Gwynne Cook
	1:30 PM	Supernova	Abigail Cook
	2:30 PM	Eclipse	Kim MacDonald
<b>Tuesday, March 1</b>	<b>6:00 PM</b>	<b>Upward Celebration Night</b>	

**ALL GAMES TO BE PLAYED AT TRINITY BAPTIST CHURCH ROC**

[www.tbcupward.com](http://www.tbcupward.com)

*In the event of inclement weather, please refer to WRAL-TV5 and/or contact your coach*